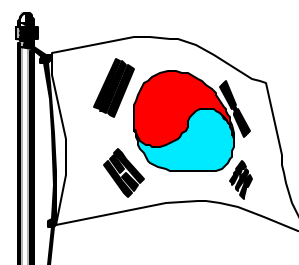
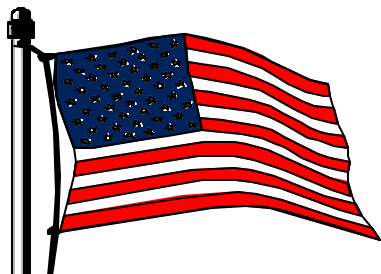
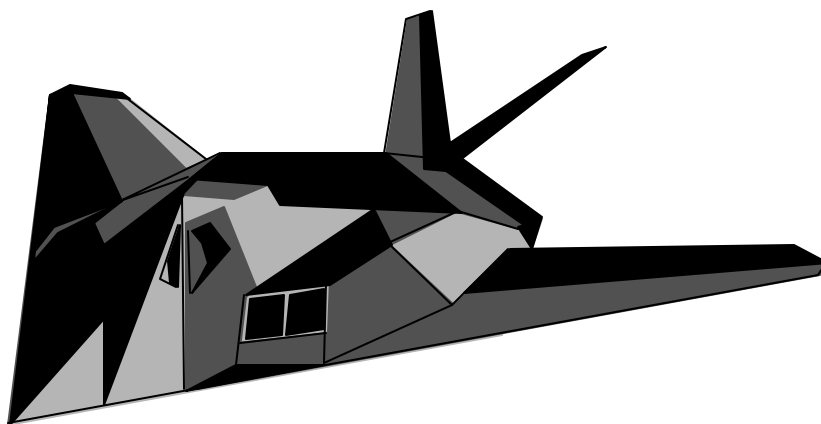


AIR FORCE ELEMENT, YONGSAN, KOREA

"Expect Nothing Less than Our Best...You Deserve It!"



BLUESUITER'S DIGEST



NEWSLETTER 01-06

15 JUNE 2001

TABLE OF CONTENTS

STAFF LISTING.....3

AFELM SECTION COMMANDER.....4

**QUARTERLY RECOGNITION
PROGRAM.....5-7**

AFELM FIRST SERGEANT.....8-9

- Update to AF Fitness Test
- Uniform Changes

ORDERLY ROOM.....10-11

- Welcome Back Kim
- Sponsor Information
- Ration Control
- AF Publishing Web Site
- TDY Orders
- Leave Forms
- Local Hotlines

FINANCE.....12-15

- Travel Vouchers
- Net Pay Advances
- Government Airline Flights
- Purchasing your own Ticket
- PCS Outprocessing / TLA
- Dislocation Allowance
- Army Funded TDY Vouchers / Hardship Pay
- Finance Web Sites
- June 2001 Finance Schedule of Events

PERSONNEL.....16-22

- Welcome SrA Hall

- More choices for Reenlisting Airmen
- TSgt/MSgt Promotion Information
- Assignment Information for Commanders
- May Arrivals
- June Departees
- June Promotees
- June Enlisted Promotion Increments
- Promotion selectees
- MSgt/TSgt selectees
- June Officer Promotion Increments/Info
- Enlisted Quarterly Assignment Listing (EQUAL)

**BLUESUITER'S ASSOCIATION
NEWS.....23-24**

- Hail & Farewell Info

HEALTH & FITNESS NEWS.....25-26

HOURS OF OPERATION.....27



STAFF

AFELM COMMANDER

Major General James N. Soligan (arrives 1 Jul 01).....725-6031

AFELM SECTION COMMANDER/AIR FORCE ADVISOR

Colonel Thomas C. Lorimer723-6035

DEPUTY, AFELM SECTION COMMANDER

Major Kevin B. Steele.....723-7189

CHIEF, PERSONNEL/AFELM FIRST SERGEANT

MSgt James "Juice" Satterwhite723-8587

CHIEF, FINANCE ACTIVITY

TSgt John G. Smith.....723-6203

SUPERINTENDENT, SATELLITE PERSONNEL ACTIVITY

TSgt Scott F. Good.....723-8389

INPROCESSING/INTRO/CUSTOMER SERVICE/DOS EXTENSIONS & REENLISTMENTS

SrA Renee Hall.....723-8389

PROMOTIONS/EPRs/OPRs/SPECIAL SELECTION BOARDS

SSgt Antonio McCloud.....723-8569

ASSIGNMENTS/DEROS EXTENSIONS/SEPARATIONS & RETIREMENTS

SSgt Karen White.....723-8538

AFELM ORDERLY ROOM MANAGER

SSgt LaChanda M. Crowell.....723-3895/8587

Kim H. Jones.....723-3895/8587

Bldg 2374 Fax Number (unsecure).....723-3386/4099

AFELM E-Mail address:.....afelm@usfk.korea.army.mil

"Golden Legacy, Boundless Future... Your Nation's Air Force"

FROM THE AIR FORCE ELEMENT

SECTION COMMANDER

The 10 things I will miss about Korea...

1. **Kimchi**—it's an acquired taste.
2. **Panmunjon**—the weirdest show on earth.
3. **Hiking**—if you can hike Korea, you can hike anywhere. In one of my first Commander's Pages, I said that the word "switchback" apparently doesn't translate into Korean because the all the trails go directly up the face of the mountain, no back and forth. Well, a few weeks ago, I hiked my first and only Korean switchback. Favorite hike, Tobongsan from stop #710 on the green line—there are so many hiking gear vendors here, you could get off the train nude and be completely outfitted before you got to the trailhead.
4. **The Hooch**—although it's a dump inside, I like the style of the building and the view through the long windows. It dates from the Japanese occupation era and for a long time, I have been tempted to look at what's under the floor, but I finally decided to let well enough alone.
5. **The Travel**—Korea is centrally located to many exotic destinations which otherwise I would not have considered visiting, like Malaysia—it was beautiful. I urge everyone to take full advantage of it.
6. **The Weird Thing of the Day**—not a day goes by that something totally strange—a question, an issue, a person, an object—doesn't come up.
7. **The Army**—although it can be different at times, working in an Army environment is usually a lot of fun. (I won't, however, miss the beret.)
8. **The Air Force Contingent at Yongsan**—the Bluesuiter's held together in this sea of green and I will miss that team spirit.
9. **Koreans**—in my 2 years here, even during the height of the anti-Americanism last summer, my experience with Koreans has been nothing but favorable. They are gracious and polite to a fault. Even the demonstrators are usually well-behaved.
10. **The mission**—it's the most work but also the most fun I've had in my career.

I'm off to...well, actually I don't know where I'm off to, but Col Ruth Ellis will be in from the Air War College the last week in June. I'm sure she'll get the same outstanding support I've enjoyed.

THOMAS C. LORIMER, Colonel, USAF

Travelogue: Kyongju is the ancient capital of the Shilla Dynasty. While Europe was entering the Dark Ages, a million Koreans lived here. Designated a UN World Heritage Site, the area is full of restored temples, very large earthen tombs, a national museum, and other historical attractions. My favorite was this artificial lake, dug at the site of the King's banqueting area. When the guests got drunk, they threw common household items of the day into the lake which, because of the mud and lack of oxygen, preserved them for us to see. Some 30,000+ items were excavated and cataloged. Take the Korean National Railway from Seoul for the 3½-hour trip (24,000 won coach). World-class hotels at reasonable rates line nearby Bomun Lake, and they offer guide and transportation services—it takes at least 2 days, but I recommend 3.

AIR FORCE ELEMENT QUARTERLY RECOGNITION PROGRAM

for Outstanding Achievement

1 April- 30 June 2001



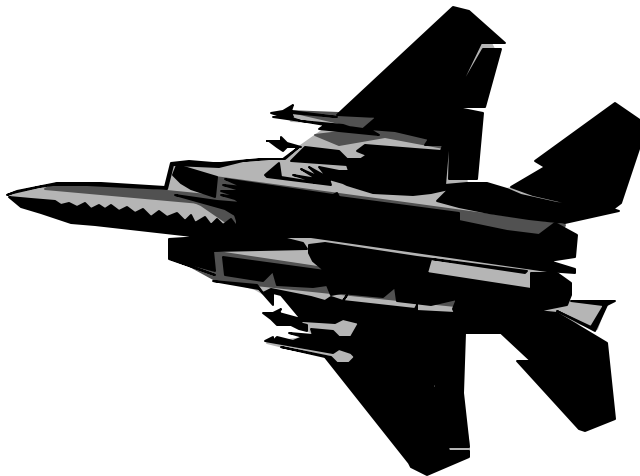
Categories:

Airman of the Quarter (AB thru SrA)

NCO of the Quarter (SSgt and TSgt)

Senior NCO of the Quarter (MSgt thru CMSgt)

Deadline for Nominations is 13 July 2001



Purpose: Establish the enlisted quarterly recognition program for outstanding personnel assigned/attached to the AF Element, Yongsan AIN, Republic of Korea. The program's objectives are: recognize and reward personnel for outstanding accomplishments; provide personnel with greater incentive for individual achievements; stimulate initiative, improve morale, and enhance esprit de corps.

Eligibility: Active Air Force enlisted personnel assigned to any AFELM billet.

Period of Recognition: 1 April – 30 June 2001. Nomination must be based on achievements/accomplishments occurring during period 1 April- 30 June 01.

Deadline: Nomination packages must be received by the AFELM First Sergeant by 1700 hours, 13 July 01, Bldg 2374. NO EXCEPTIONS.

Nominations: Nominations will be submitted on an AF Form 1206, Jul 00 version (use Form Flow or bring a formatted diskette to the AFELM Orderly Room to obtain a copy). Nominations must be in bullet format and limited to one page using 10 or 12 pitch type. Use the headings as per the attached example. **All Category of Consideration titles must be listed on the AF Form 1206, capitalized and in bold print.** If no information is provided for a Category of Consideration, follow the title with N/A.

Categories of Consideration:	Point Value:
Performance in Primary Duty	0 - 20
Leadership Qualities	0 - 15
Significant Self-Improvement	0 - 10
Air Force or Other Awards	0 - 5

Scoring scale (from lowest to highest rating): 0, 0.5, 1.0, 1.5, 2.0, etc.
If no information is provided for a category the nominee will receive a point value of zero (0).

Quarterly or Annual Enlisted Recognition

SNCO, NCO or AMN

Quarterly or Annual

TSgt Shirt, Johnny

000-00-0000

AFELM/USFK

3S051/NCOIC, Personnel Programs

DSN723-0000

HO USFK/J1,J2,J3,J4,J5,J6 or HQ CFC/C1,C2,C3C4,C5,C6,HQ UNC/UNCMAC, etc (whichever is applicable)

(The Senior Ranking Air Force Officer in the members assigned Unit)

PERFORMANCE IN PRIMARY DUTY:

(The member's job performance in primary duty, including the development of new techniques--must contribute significantly to increase mission effectiveness)

LEADERSHIP QUALITIES (MISSION, SOCIAL, CULTURAL, RELIGIOUS, ETC):

(The member's leadership ability. The member must contribute tangibly or intangibly to the military or civilian community's welfare, morale, or status.)

SIGNIFICANT SELF-IMPROVEMENT:

(The member must show improvement through any kind off-duty education, achievements in professional or cultural societies or associations, development of creative abilities and so on)

AIR FORCE OR CIVILIAN AWARDS, PRIZES, TITLES, ETC:

(List award name, date awarded and brief description/reason.)

NOTE: Nominations for award category are either SNCO, NCO or Airman. No street address or commercial phone number is required. The senior ranking Air Force Officer in the member's assigned unit signs in the Unit Commander Block. Categories of Consideration must be "CAPITALIZED" and in **bold print**. If no information is provided, list the Category of Consideration title followed by N/A.

USE 10 or 12 pitch type.

If you need additional space please utilize the Continuation Sheet on page 2 of the AF FM 1206

Submit the AF FM 1206 in an original and three copies.

*FROM THE
FIRST SERGEANT*

*MSgt James "Juice" Satterwhite Jr.
723-8587*

Time to "Muscle Up" for the Air Force Fitness Test!

Air Force personnel will be graded on the number of push-ups and crunches they can do starting in January 2002. The Air Force has approved muscle fitness testing last year as part of fitness testing. All Air Force personnel were given a grace period from July 2000 to December 2001 to prepare for the pushups and crunches testing.

"So far results of the must testing tell us that preparation is the key," advises Lt Col Bruce Weaver, Chief of Health Promotion Operations, Air Force Medical Operations Agency, Bolling Air Force Base, D.C. "If people add some calisthenics or light strength training to their exercise regimens in preparation for testing, they should have little problem meeting fitness standards."

The Air Force reviewed the results of some active-duty personnel who took their ergometry and must fitness tests on the same day and found a number who were not able to perform the required amount of crunches or pushups for their age and gender, Weaver said.

"We expect to see improvements in these numbers once the pass/fail testing starts in January, said Weaver." We think personnel who

didn't do well this year will be ready next year when the test counts."

The Air Force expanded its program in order to comply with the Department of Defense Fitness and Body Fat Procedure instruction that mandates evaluation of cardio-respiratory endurance and muscular strength and endurance annually of active duty members.

Although changes to the Air Force fitness program are being done to comply with DOD standards, Weaver said its not the only reason things are changing.

"The primary goal of the Air Force fitness program is to encourage personnel to be involved in a year round total fitness program," said Weaver.

"The Air Force fitness program encourages warriors to maintain a fit and healthy lifestyle so airmen are battle ready, and with this new emphasis on muscle fitness, the active duty force will be stronger and more fit."

In 1999, eight Air Force bases worldwide volunteered to serve as test sites as the Air Force prepared to add muscular fitness testing to its annual physical fitness assessment. During the phase, people were asked to do crunches and push-ups with their annual cycle ergometry testing.

The Force Enhancement and Fitness Division of the School of Aerospace Medicine and the Air Force Fitness Program Office, Brooks AFB, Texas, used the data from this testing to evaluate the testing procedures and define the final test format.

The number of pushups and crunches required meeting standards mirror's the Army's current passing requirements.

Today both males and females must do a full body style push-up with the arms flexed at a 90-degree angle in the down position and fully extended in the up position.

During the crunch test, the legs are bent at a 45-degree angle with the feet flat on the floor. Arms are crossed over the chest, and from the prone position, the member comes up far enough to touch the forearms to the front of the thighs. The feet or ankles are held in place by a toe bar or another individual.

"The Air Force is committed to enhancing the health, well being, and performance of every member," said Air Force Chief of Staff Gen. Michael E. Ryan. "Total physical fitness includes cardiovascular capacity, muscular strength and endurance, flexibility and body composition."

According to Ryan, the changes are vitally important in assessing force enhancement and to ensure compliance with DOD instructions. "Physical fitness remains an essential component of combat readiness and expeditionary competence," Ryan said. "We will continue to research methods to improve the health and performance of the Force."

Crunches (male and female)

<i>Age</i>	<i>Number in two minutes (arms across chest)</i>
<24:53
25-29:50
30-34:42
35-39:38
40-44:32
45-49:30
50-54:28
55-59:27

Push-ups (female)

<i>Age.....# of FULL pushups</i>	
<i>..... in two minutes</i>	
<24:	19
25-29:	17
30-34:	15
35-39:	13
40-44:	12
45-49:	10
50-54:	9
55-59:	8

Push-ups (male)

<i>Age.....# of FULL pushups</i>	
<i>..... in two minutes</i>	
<24:42
25-29:40
30-34:36
35-39:34
40-44:30
45-49:25
50-54:20
55-59:18

Here is a quick reminder of the some of the 95th Air Force Uniform Boards approved changes on dress and appearance:

- When wearing ribbons, all are required including all devices
- Attaché cases, gym bags, backpacks and women's purses are authorized to be carried in either hand but cannot interfere with giving a proper salute
- "Camel pack" water containers are approved as part of standard hot weather uniform
- The re-sized mini-badge is authorized for wear when available for purchase

COMMANDER'S SUPPORT STAFF

(ORDERLY ROOM)

BIZ

SSgt LaChanda M. Crowell, 723-3895

WELCOME BACK TO THE AFELM COMMANDER'S SUPPORT STAFF!

Effective 14 May 01, Kim Jones an AF ROTC student at Purdue University has returned to Korea to visit her family and work again as a summerhire in the AFELM orderly room during her summer vacation.

HELPFUL HINTS ON HOW TO SPONSOR A NEWCOMER

The first impression a newcomer gets of a base comes from his or her sponsor. Since the needs of each newcomer vary, a sponsor must find out what those needs are and respond accordingly. The steps below are a great place to start.

- Make initial contact with the newcomer to inform them that you are there to provide assistance to make their move as smooth as possible. Try to anticipate their needs. **Ask these questions:**
 1. Will your family members accompany you?
 2. Do you need information about other services such as banking, childcare, education, etc.?
 3. Date, time, and location of arrival?

- Pick up a sponsor kit from the AFELM Commander's Support Staff. Personalize the package by taking out unnecessary information and adding any information that was requested by the member.
- Include a personalized letter from your commander and your own personal letter. Include your home and duty phone numbers and address. Remind newcomers to let you know any changes to their plans. Reconfirm the departure date, arrival date, and ensure member is aware of any 24-hour arrival information. Upon arrival, personally meet the newcomer
- Visit the base housing office and get information about on and off base housing. If the newcomer is interested in residing on base, remind them to apply in advance. If the newcomer is single, contact the First Sergeant to confirm dormitory accommodations.
- After the arrival of the newcomer, help arrange in-processing. Take them to the Commander's Support Staff and to the new duty section. Continue to provide assistance as necessary. Offer to show them around the base and the local area.

By keeping these guidelines in mind the sponsorship process should run smoothly for both the sponsor and the newcomer.

RATION CONTROL

Ration Control Plates are accountable items of government property. A sponsor can request a copy of his/her family's controlled items purchase history by writing to the Commander, ATTN: FKPM-SSD, Unit #15237, APO AP 96205-0010.

If after reviewing this record, the sponsor finds there are errors, corrections can be requested by submitting a request for correction of records to the above address.

Monthly commissary dollar limits are monthly and not cumulative from month to month. Unused amounts become void at the end of each month. The following limits apply:

Single/Unaccompanied/Non-command sponsored members: 3 units of liquor (20 percent or more by volume) per month and \$450.00 per month at the commissary. Family limits: 5 units of liquor per month (if there are two adults over the age of 20 in the family), and spend up to the following monthly amounts at the commissary:

FAMILY SIZE	LIMIT
2	\$700
3	\$900
4	\$1050
5	\$1250
6 or more	\$1450

AF PUBLISHING WEB SITE

The Air Force Publishing WEB Site address is as follows:
www.afpubs.hq.af.mil. This site has the capability to download the latest Air Force Pubs and Forms. The information databases are updated every Monday and have hypertext links to the DoD web site containing DoD publications and forms.

TDY ORDERS

If you are going TDY, you are required to turn in a copy of your orders to the AFELM Orderly Room. The Orderly Room will make the necessary updates in PC-III to reflect your correct duty status and we will maintain a file copy in your PIF.

LEAVE FORMS

A few key points to remember about processing your leave form while you are assigned to the AFELM.

- A leave number cannot be obtained from the Orderly Room earlier than fourteen days prior to the leave start date
- Members are required to turn in all three parts of their leave form when they wish to obtain a leave number
- Please ensure you include a complete leave address (street, city, state, zip code, **AND** phone number) in block 16.
- Please ensure that you sign Part I and II of your leave form (block 21) before bringing it to the Orderly Room
- Personnel returning from leave are required to turn in their leave forms to the AFELM Orderly Room three duty days after the leave ends.

LOCAL HOTLINES

AFOSI Det 614: **738-4180**

USFK Action Line: **725-8735**

NON-DUTY: **724-8179 (Duty Agent)**

Black Market: **724-7745**

Crime Stoppers: **724-8177 or 724-8179**

Environmental: **725-3845**

Equal Opportunity/Sexual Harassment:
738-3336

Found Property: **724-3134**

Fraud, Waste and Abuse: **738-7867**

Spouse/Child Abuse:

On Post: 737-4104

Off Post: 7917-4104



FINANCE

“MONEY MATTERS”

TSgt John G. Smith

Smithjg@usfk.korea.army.mil

Travel Vouchers

This is the time of year when the majority of personnel in the Air Force PCS to and from bases throughout the world. The same can also be said for Air Force personnel here at Yongsan AIN.

With the start of the summer travel season already upon us it is more important than ever than each of you make a concerted effort to file your PCS and TDY vouchers in a timely manner – within five duty days of your return.

Already, I have seen that it is taking Osan Finance and Army Finance up to two weeks longer to pay vouchers than what it did a couple of months ago.

I have seen an increase in the number of personnel who appear on my delinquency list for the Government Travel Charge Card. In most cases it is because the traveler did not file their travel voucher within five days of their return. I have recorded personnel who did not file their voucher until 3 weeks after they returned from their trip! Of course this guarantees they will appear on my delinquency list.

I need each of you to take the time to file your vouchers in a timely manner. This will prevent you from getting a phone call from your supervisor asking you why your Government Travel Charge Card bill has not been paid in a timely manner

Net Pay Advices and Leave and Earnings Statements

If you receive your pay statements a couple of days after payday, please take the time to make sure the unit and office symbol is correct.

I have made every attempt to make sure each of you receives your statement the day before each payday.

Anytime your mailing address or unit address changes make sure you take the time to change your address here at the AFELM Finance office.



Potential Airline Strikes!

There is the potential for one or more airlines being involved in a strike or work stoppage during the period of early spring and into the summer months. During any period the Federal Government may have 93,000 employees on travel orders on any business day. No doubt you may have concerns about what to do in order to make your travel as care free as possible. While the General Services Administration (GSA) is optimistic that a strike or work stoppage will not occur – GSA's Office of Government Wide Policy wants to help with a few tips on easing the burden of traveling during this unstable period.

The four major airlines that may or may not strike:

- American Airlines (AA)
- Delta Airlines (DL)
- Northwest Airlines (NW)

- United Airlines (UA)

Question: What happens if the Government contracted carrier that I plan to use is on strike?

Answer: Cancelled flights due to a strike are significant enough to allow use of one or more of the exemptions from use of a non-contract airline or alternative transportation as determined by your agency. In other words the 34th Support Group will take necessary steps to arrange transportation on other airlines based on your transportation needs.

Question: What additional advice can you give me?

- Make travel plans early – do not wait until the last minute.
- Be flexible in your travel needs.
- Have travel agency (34th Support Group, CTO); airline, and other emergency phone numbers ready for easy reference.
- Make sure your tickets are issued to you on paper in lieu of an “e-ticket” if you are ticketed on one of the potential striking airlines. Only paper tickets can be exchanged with other airlines.
- Check arrival/departure times frequently – call the airlines prior to leaving home or your hotel.
- Check in at the airport as early as possible in case of last minute delays or cancellations – you may have better luck in re-scheduling at the airport.
- Postpone travel if it is not mission or personally essential.
- Use an alternative to traveling – such as teleconferencing, or conference calls.

Bottomline: Keep yourself up-to-date about the airlines you are traveling on during this period of uncertainty. It could potentially save you frustration as well as some unit or personal funds!



Travelers Stung Buying Airline Tickets

Do not personally purchase tickets for official travel from anyone other than the authorized official travel office on an installation.

If you personally purchase airline tickets for official transportation, you can expect **NOT to be reimbursed**. With very rare exceptions, members who do not obtain tickets through official channels are being denied any reimbursement for airfare, even if they found cheaper rates, were misled about the ticket buying process, or never got briefed on the requirement.

Not very long ago, military travelers who purchased their own tickets could still be reimbursed, up to the price the government would have paid but this is no longer the case. Results from recent appeals of travel claims show the government's hard-nosed approach. In every case, a member who bought their own airline ticket for official business (including COT leave) saw the parent service deny reimbursement and the Defense Office of Hearings and Appeals (DOHA) uphold that decision.

The authorized official travel office (CTO) at Yongsan is 25th Transportation.

PCS Out-Processing



Please stop by Finance for an out-processing briefing within 15 – 30 days of your departure from Korea. Four copies of orders, your government travel card, and a firm port call are required. No appointment necessary!

Temporary Lodging Allowance (TLA)

Temporary Lodging Allowance is calculated by adding the cost of lodging to an allowance for meals and incidentals. In order to be reimbursed for your TLA the following documents are required:

- 2 copies of the TLA authorization letter provided to you by the Housing Office
- 2 copies of the paid bill
- 2 copies of your PCS orders

These payments will be included in the next available paycheck. Keep in mind that TLA is a Housing Office program. Finance pays the number of days authorized by the Housing Office

Attention Sponsors of Incoming Personnel



Please ensure that you are fulfilling your responsibilities as a sponsor to the incoming member. This is especially important as it pertains to accommodations at the time of arrival. **A member who stays in the Dragon Hill Lodge or other off base lodging without the prior**

authorization from the housing office will not be entitled to reimbursement for the expenses incurred.

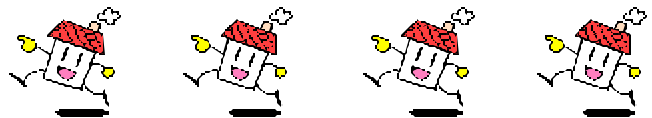
It is equally as important that the sponsor schedule a Finance in-processing appointment (723-6203). All newcomers are required to inprocess Finance within 5 days of arrival. All overseas entitlements are started from the paperwork completed during in-processing. I'm sure most of you know this can have a big impact on your paycheck.

Members Procuring Off Post Housing

Incoming members should contact the AFELM Finance to receive an Overseas Housing Allowance (OHA) entitlement briefing prior to moving off-post.

Dislocation Allowance (DLA)

The purpose of DLA is to partially reimburse a member for expenses incurred when relocating their household. With-Dependent rate is paid when dependents are relocated in conjunction with a funded move. Single rate is paid only if authorized to live on the economy and government quarters are not occupied for more than 60 days.



Army Funded TDY Settlement Vouchers

Army regulation requires all Army funded TDY vouchers to be submitted with original and four copies of each of the following documents:

- DD Form 1351-2, Travel Voucher
- All receipts
- Transportation requests
- TDY orders
- Any additional required documents

Lately I have received more and more vouchers that do not have all the necessary copies required by Army Finance. Future vouchers will be returned to the traveler when the voucher does not include sufficient documentation.

Additionally, your supervisor must sign, and date the travel voucher in the top right margin indicating the voucher and documents have been reviewed prior to submitting them for payment. This is a requirement of Army Finance and vouchers lacking the reviewer's signature will be returned. Bring the complete voucher and documents to the AFELM finance office where a printout of your bank information is added. AFELM routes the vouchers to the Army finance.

File your travel vouchers within 5 days of your return.

Hardship Duty Pay - Location (HDP-L)



HDP-L has been approved for Korea. There are two rates in effect \$50.00 and \$150.00. Generally, members assigned to Area I are authorized the \$150.00 rate. All other locations in Korea are authorized \$50.00 per month. HDP is payable to officers and enlisted. Leave out of the

area for more than 30 days will stop HDP. HDP is taxable income.

Finance WEB sites

To get the current BAH rates for CONUS areas, BAS, OHA, and CONUS, Overseas Per Diem see the following web site:

<http://www.dtic.mil/perdiem>

<http://www.dfas.mil>

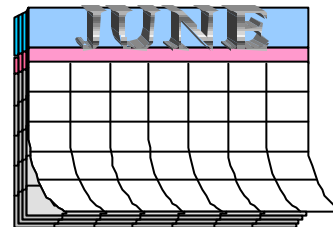
2001 Military Pay Chart for Jan and July:

<http://www.dfas.mil/money/milpay/pay/>

Government Travel Cardholder Web site:

<http://www.amcfm.scott.af.mil/toolkit/>

June 2001 Finance Schedule of Events



- 4 June, Mid-Month cutoff for processing all documents
- 12 June Pick-Up mid-month pay statements-based on arrival at Osan
- 19 June, End-of-Month cutoff for processing all documents
- 27 June, Pick-Up end-of-month pay statements-based on arrival at Osan

PERSONNEL SECTION

TSgt Scott F. Good 723-4460
GoodS@usfk.korea.army.mil

WELCOME!

SrA Renee Hall just arrived from Dover AFB DE to be the NCOIC of Customer Service and Personnel Employments. On your next visit to the Element, please give her a warm welcome to Yongsan.

New Program Brings More Choices to Re-Enlisting Airmen

Washington -- Airmen will soon have a new way to re-enlist, offering them more control over separations and retirements and possibly bringing more money into the pockets of those eligible for bonuses.

Upon implementation of the Air Force's Military Personnel Data System Modernization program, tentatively set for the beginning of June, airmen re-enlisting will fall under the Full Enlistment Program. Full enlistment will allow airmen to specify the number of years and months they wish to re-enlist. They must re-enlist for a minimum of four years and a maximum of six. This program allows re-enlistment to high-year-tenure, using a combination of yearly and monthly increments. Senior airmen may not exceed their high-year-of-tenure, and those eligible to retire may not exceed their HYT plus one month.

The program also has another major change from the current system in that airmen are required to fulfill their entire re-enlistment contract, said Master Sgt. Mai Pederson, chief of enlisted skills management.

"Under the current program, any unserved obligation from the previous enlistment contract is absorbed within the new contract. Full enlistment will require airmen to add any unserved obligation to their re-enlistment contract," she said. "This revised re-enlistment policy requires re-enlistees to fulfill all unserved contractual periods along with their new re-enlistment contract."

For example, if more than 29 days remain until an airman's date of separation, the period will be counted as one month. If 29 days or less remain, the days will not be added to the new contract. If an airman's date of separation is July 15, and the airman decides to re-enlist May 1 for four years, the airman's remaining obligated

service is two months and 15 days. The airman's new period of re-enlistment will be four years and two months because the remaining 15 days are less than 29 days and are therefore not included.

If this same airman was eligible for a Selective Re-enlistment Bonus and re-enlisted for four years and two months, the new SRB would be paid for four years and two months because the airman was already paid for the two months in the previous re-enlistment. The two months of obligated service would not be recouped because it would be served in the new contract.

This program was developed to help improve the current retention situation, Pederson said.

Airmen may re-enlist under the current system until MILMOD implementation, after which they must use the Full Enlistment Program.



The Air Force has been reviewing its force, stability and sustainment policies. It has found artificial constraints -- combined with falling retention rates -- have made a significant impact on its ability to maintain a viable force, said personnel officials at the Air Force Personnel Center, Randolph Air Force Base, Texas. They added that the future Air Force depends on people completing their obligated periods of service. The Full Enlistment Program was created to help maximize that investment.

The re-enlistment window has also been expanded from three months before the estimated time-in-service date to 12 months. This was changed to allow second term and career airmen more flexibility on re-enlistment dates.

"This (system) gives airmen more control over their careers by allowing them to re-enlist in a combination of yearly and monthly increments," Pederson said. "Under the Full Enlistment (Program), eligible airmen can combine their re-enlistment years and months to match their retirement date in one selection."

The program will give airmen more control over their careers and allow them to maximize their SRB entitlements, AFPC officials said.

TSgt List Tops Last Year's Percentage; MSgt Selections Remain at all Time High

Randolph AFB, Texas (AFPC) -- The Air Force selected 7,031 of 18,038 eligible technical sergeants for promotion to master sergeant and 12,051 of 36,095

eligible staff sergeants for promotion to technical sergeant. This represents an overall 38.98 percent selection rate for the 01E7 cycle and 33.39 percent selection rate for the 01E6 cycle. The master sergeant selection percentage stayed virtually tied with last year's percentage of 39.10, while this year's technical sergeant rate surged nearly six points beyond last year's already record showing of 27.64 percent.



The Air Force released the master and technical sergeant promotion lists on June 7. The complete list of selectees is available on the Air Force Personnel Center's home page at <http://www.afpc.randolph.af.mil>.

randolph.af.mil.

"This year's promotion announcement kicks off a great summer season for more than 19,000 of the Air Force's finest NCOs," said officials at the Air Force Personnel Center. "Never in our history has there been a better opportunity for highly qualified individuals to earn that next stripe."

As evidenced by the record setting technical sergeant promotion rate and the high selection percentage to master sergeant, advancement opportunity abounds for those willing to put forth the effort both on their jobs and while preparing for promotion exams, officials added.

"The increased promotion rates seen in the last few years are partly a result of the return to stable force structure and end-strength levels following years of drawdown," added Center officials. "The primary reason for increased promotion rates is our transition to a higher percentage of 'Top Five' NCOs, previously at 48.5 percent of the enlisted force, now headed toward 56 percent over the next few years."

People who tested are expected to receive their score notices in mid-June, allowing them to see just how they stacked up against their counterparts. These score notices allow members to know how their Promotion Fitness Examination and Specialty Knowledge Test scores rank against those they're directly competing against for promotion within their Air Force Specialty Code.

The average selectee score for the master sergeant test cycle was 348.20 points based on the following:

- 134.20 Enlisted Performance Reports
- 71.72 Promotion Fitness Exam
- 65.63 Specialty Knowledge Test



- 27.91 Time in Grade
- 35.58 Time in Service
- 11.68 Decorations

The average selectee has 3.49 years time in grade and 16.71 years in service. Those selected will be promoted to master sergeant from August to July 2002.

The average selectee score for the technical sergeant test cycle was 331.99 points based on the following:

- 132.60 Enlisted Performance Reports
- 62.99 Promotion Fitness Exam
- 57.03 Specialty Knowledge Test
- 41.25 Time in Grade
- 29.45 Time in Service
- 7.29 Decorations

The average selectee has 5.83 years time in grade and 13.53 years in service. Those selected will also be promoted to technical sergeant from August to July 2002.

Non-Rated Prioritization Plan Gives Commanders Control of Staff

Randolph AFB, Texas (AFPC) -- The Air Force recently continued to fine tune its non-rated officer assignments system by tweaking the procedures for special duty positions. The latest change, part of the Non-Rated Prioritization Plan, emphasizes the unique nature of special duty positions on command staffs and encourages unit commanders to hire from within.

These internal positions include executive officers above wing level, inspector generals, protocol, operations management, command and control, aides and historians. Today, officers who were selected by the unit commander fill more than a third of these positions. With this most recent change, the Air Force should see more than three quarters of these positions filled with internal hires.

The benefit to commanders is that key advisory positions within their staffs will be filled with officers

who already have an understanding of the command's mission and at the same time are relatively easy to move.

"Commanders have the capability to assess intangibles that are not available to the assignment officers who currently make the selections," said Lt. Col. Lernes Hebert, Chief of the Assignment Procedures Branch here. "This makes them qualified to not only select from a range of specialties available within their organizations, but to choose the individual who best fits with their current staff in terms of expertise and personality."

In addition, the increase in the number of mid-tour moves to these special duty positions enables more officers to have the opportunity to serve on command staffs, without the need to PCS or be out of their core duties for an extended period.

"Officer development is a balance between depth and breadth of experience," said Hebert. "This change helps create the breadth without the commitment of a full tour." Those units that incur a vacancy due to a command staffing may request a backfill based upon their entitlement manning for the specialty of the officer chosen. If an organization is above entitlement, a backfill will not be provided. This minimizes the number of PCS moves and keeps the MAJCOM and base level manning stable.

Some of the exceptions to the internal fill policy are those overseas locations with dependent restricted tour billets, joint duty assignment list billets and a few other shallow-manned organizations which will continue to be filled from across the Air Force.

"There are still going to be a few positions that will be filled externally," said Hebert. "But as a whole, this plan will go a long way toward ensuring commanders across the Air Force can build staffs with the best possible mix of experience and talent."

May 2001 Arrivals

<u>Rank/Name</u>	<u>Unit</u>	<u>Losing Base</u>
Maj Ahnen, William M.	SJS	Ramstein GE
Maj Blackwell, Kristine	PMO	Robins AFB GA
Maj Moran, Erin R.	J1	Randolph AFB TX
Capt Gill, Robert J.	J6	Schriever AFB CO
Capt Madden, Christopher	SUSLAK	F E Warren AFB WY
Capt Scarborough, Dennis	C5	Tyndall AFB FL
Capt Widmann, Ida Lee	CFEN	Wright-Patt AFB OH
Capt Widmann, Robert S.	FKAQ	Wright-Patt AFB OH
1Lt Mason, Jonathan D.	607WS	McChord AFB WA
MSgt Arnold, Michael	J1	Osan AB
TSgt Fetzer, Tammy R.	FKCC	Dover AFB DE

TSgt Thompson, Adam C.	J6	Patrick AFB FL
SSgt Bass, James P.	Postal	Pope AFB NC
SSgt Clark, Spencer T.	607WS	Travis AFB CA
SSgt Dunaway, Andrew N.	S&S	Randolph AFB TX
SSgt Hyght, Mark T.	FKHO	Dyess AFB TX
SSgt Jones, John Jay, Jr.	SUSLAK	Ft Meade MD
SSgt Knight, Fambro W. II	607WS	Ft Eustis VA
SSgt Nylander, Nathan J.	607WS	Luke AFB AZ
SSgt Simoni, Scott W.	SOCKOR	Offutt AFB NE
SSgt Tateishi, Michael O.	SUSLAK	Aviano IT
SSgt Utsey, Lee A., Jr.	607WS	Scott AFB IL
SSgt Goble, Robert R.	SUSLAK	Schriever AFB CO
SSgt Ruiz, Jennifer L.	SCJS	Laughlin AFB TX
SrA Hall, Lola R.	AFELM	Dover AFB DE
SrA Levesque, Shea N.	607WS	Keesler AFB MS
SrA Radford, John B.	607WS	Ft Polk LA
A1C Brown, Kawani	607WS	Ft Stewart GA
A1C Nagy, John E., Jr.	607WS	Grand Forks AFB ND
A1C Perez, Dawn M.	607WS	Edwards AFB CA



June 2001 Departures

<u>Rank/Name</u>	<u>Unit</u>	<u>Gaining Base</u>
1Lt Lewis, Michael	607 WS	Robins AFB GA
1Lt Schlesiger, Robert	607 WS	Sembach ABS Germany
CMSgt Dougherty, Michael	607 WS	Langley AFB VA
MSgt Dedman, John	303 IS	Hurlburt Field AAF FL
MSgt White, Robert	J1	Wright Patterson AFB OH
MSgt Wert, Timothy	JUSMAG	Offutt AFB NE
TSgt Ballucanag, Richard	607 WS	Hickam AFB HI
TSgt Chew, David	J4	Alexandria Cty VA
TSgt Mathias, Andrew	303 IS	Ramstein ABS Germany
TSgt Witherington, Troy	J2	Elmendorf AFB AK
SSgt Bright, Amanda	J4	Eglin AFB FL
SSgt Erhardt, Carlomagno	607 WS	Kadena AB Japan
SSgt Harrison, Julie	J2	Separation
SSgt Johnson, Christine	607 WS	Keesler AFB MS
SSgt Moran, Stephen	607 WS	Davis- Monthan AFB AZ
SSgt Turner, William	303 IS	Goodfellow AFB TX
SSgt Valentin Rivera, Juan	3rd Rep	Camp Ederle AIN Italy
SrA Johnson, Jamie	J1	Eglin AFB FL
SrA Krotzer, Andrew	607 WS	Offutt AFB NE
SrA Moody, Jeremy	J6	Tyndall AFB FL
A1C Bunn, Douglas	607 WS	Laughlin AFB TX

Promotion News

Congratulations to the June 2001 Promotees!

To Major

Robert S. Widmann - FKAQ

To Captain

Michael M. Lewis - 607 WS

To MSgt

Robert L. Nesbit - SUSLAK

To TSgt

Todd E. Carpenter - 607 WS
Alston B. Quimby III - SUSLAK
Clayton S. Reeves - J5

To SSgt

David J. Ritz - SUSLAK
Adam C. Radcliff - J1

To SrA

Douglas A. Bunn, Jr. - 607 WS
William R. Daniels - 607 WS

AFELM Promotions Page - <http://www.korea.army.mil/org/afelm/promotions.htm>

June 2001 Enlisted Promotion Increments

Promoted To:	Line Numbers
CMSgt	0180 - 0217
SMSgt	0263 - 0392
MSgt	6275 - 6894
TSgt	9455 - 10433
SSgt	14974 - 16573

Enlisted Test Cycles

Cycle	Grade Testing to	Testing Window
01E9	CMSgt	4 Sep - 7 Sep 2001
02E8	SMSgt	10 Jan - 24 Jan 2002
02E6	TSgt	15 Feb - 31 Mar 2002
02E7	MSgt	15 Feb - 31 Mar 2002
02E5	SSgt	1 May - 31 May 2002

Enlisted Public Release Dates (projected)

TSgt/MSgt (01E6/01E7)	7 June 2001
SSgt (01E5)	August 2001
CMSgt (01E9)	November 2001

Congratulations to our MSgt Selectees!



**TSgt John Smith
AFELM**

**TSgt Tonya Brinkley
JUSMAG**

**TSgt Terry Watson
J2**

**TSgt Mike Hart
DISA**

**TSgt John Lamb
607WS**

**TSgt David Mayo
SUSLAK**

**TSgt Glenn Adams
607WS**

**TSgt Rigel Rohr
SUSLAK**

**TSgt Jimmy Williams
607WS**

**TSgt Mark Schneider
SUSLAK**

**TSgt Garth Getgen
607WS**

Congratulations to our TSgt Selectees!



**SSgt Fernando Sanchez
J6**

**SSgt Scott Simoni
SOCKOR**

**SSgt Alfredo Gomez
J4**

**SSgt John Batts
SUSLAK**

**SSgt Burtice Wood
607WS**

**SSgt Van Dent
USFK Chaplain**

**SSgt Andrew Dunaway
Stars & Stripes**

**SSgt Thomas Kepler
SUSLAK**

**SSgt Carlomagno Erhardt
607WS**

**SSgt Daniel Newell
J1**

**SSgt Ronald Rogers
AFKN**

**SSgt Robert Goble
SUSLAK**

**SSgt Al Gonyer
USFK JA**

**SSgt Bennie Solberg
607WS**

**SSgt Daniel Laburda
SUSLAK**

**SSgt Roy Salazar
J3**

June 2001 Officer Promotion Increments

Colonel Boards

Board	Quota	Thru Seq #	# Remaining
LAF, CY00A	32	64	590
CHAP, CY00A	1	2	6
JAG, CY99A	2	20	2
NC, CY99A	1	16	5
MSC, CY99B	1	19	0 *
BSC, CY00A	1	6	12

*Line Exhausted

Lt Colonel Boards

Board	Quota	Thru Seq #	# Remaining
LAF, CY00A	129	129	1160
CHAP, CY99A	1	21	0 *
JAG, CY99B	3	30	10
NC, CY00A	7	14	61
MSC, CY00A	5	10	20
BSC, CY99B	4	39	16

*Line Exhausted

Major Boards

Board	Quota	Thru Seq #	# Remaining
LAF, CY00B	166	498	1159
CHAP, CY00B	2	4	13
JAG, CY00B	6	12	37
NC, CY00A	12	76	84
MSC, CY00A	4	22	20
BSC, CY00A	12	12	80

Related Information

AFELM Promotions Page - <http://www.korea.army.mil/org/afelm/promotions.htm>
Determining Promotion Sequence Line Numbers - <http://www.afpc.randolph.af.mil/offprom/lines.htm>
How/When are Officers Promoted - <http://www.afpc.randolph.af.mil/offprom/how.html>
FY01 Force Shaping Programs - <http://www.thefirsttosendthej1anemailgetstenbucks.af.mil>
Active Duty Service Commitment for Promotion - <http://www.afpc.randolph.af.mil/offprom/adsc.html>
Conducting Promotion Ceremonies - <http://www.afpc.randolph.af.mil/offprom/pinon.html>
DFAS: Military Pay - <http://www.dfas.mil/money/milpay/>

Enlisted Quarterly Assignments Listing (EQUAL)

EQUAL is the assignment listing which advertises most of our enlisted assignments which are sending people overseas and providing CONUS assignments for overseas returnees. These assignments are advertised and matched eight times a year (four cycles each for those going to and from the overseas area). The listing tells you what is available by AFSC, grade, and location. It allows you to align your preferences to actual Air Force needs. EQUAL listings may be viewed at your MPF, with your Commander's Support Staff, or on AFPC's World WideWeb.

For overseas assignments, members must meet established quality control criteria for reassignment (not under Article 15 punishment, not on the Control Roster, not in Drug/Alcohol rehabilitation, no rating of 2 or lower on latest EPR, etc.). You also need to be eligible to obtain the required retainability for the assignment you are volunteering for. For example, you are a married TSgt nearing your high year of tenure and are only able to get 36 months of retainability (you only have 36 months after the RNLTD of the advertised requirement, before you retire) and you see a requirement for Yokota AB on EQUAL for your AFSC and grade. You know that if you volunteer as an extended tour volunteer you have a higher priority than a standard tour volunteer. But guess what? You can't be an extended tour volunteer because you can't obtain the required 48 months of retainability and the computer would not select you. So to be properly considered for this Yokota requirement, you would need to volunteer for the standard tour length of 36 months.

Overseas members with an indefinite DEROS are eligible for a consecutive overseas tour (COT) anytime after completing their original tour. Individuals with an established DEROS can also be considered for a COT but can only volunteer for advertised requirements with a reporting date (RNLTD) equal to your DEROS month or the following two months. For example, if your DEROS is Jan, you are eligible to compete for assignments with Jan, Feb, or Mar reporting. You must meet the eligibility requirements as outlined in AFI 36-2110.

If you are not selected for a COT assignment or didn't volunteer because you want to return to the CONUS, you will compete for a CONUS assignment during your overseas return cycle. You must have 12 months retainability after DEROS to be considered for a return assignment. You only need 7-12 months if you're on a short tour where the accompanied tour is not authorized, and high year of tenure restricted from getting the full 12 months. If you do not have or obtain the required retainability by the required date, your DEROS will be involuntarily extended to match your DOS. For answers to questions or other specific information on retainability issues, contact your local MPF or Commander's Support Staff.

Military personnel married to military personnel **DO NOT** use the overseas returnee EQUAL list. AF couples **DO** use the overseas EQUAL listing to apply for overseas assignments, including COTs.

Enlisted Overseas EQUAL

Overseas assignments that volunteers from stateside and overseas locations will be considered for.

RNLTD	Avail to Customer	Pref Due	Assignment Flow/Public Release Date
JAN/FEB/MAR	20 Apr 01	30 Apr 01	11 May 01
APR/MAY/JUN	7 Aug 01	17 Aug 01	3 Sep 01
JUL/AUG/SEP	6 Nov 01	16 Nov 01	26 Nov 01
OCT/NOV/DEC	TBD	TBD	TBD

Enlisted Overseas Returnee EQUAL

Stateside assignments only for people returning from overseas.

DEROS	Avail to Customer	Pref Due	Assignment Flow/Public Release
AUG/SEP/OCT	13 Apr 01	20 Apr 01	21 May 01
NOV/DEC/JAN	24 Jul 01	3 Aug 01	20 Aug 01
FEB/MAR/APR	23 Oct 01	2 Nov 01	19 Nov 01
MAY/JUN/JUL	22 Jan 02	1 Feb 02	18 Feb 02

DEROS Election Option/Forecast Notification RIPS You will receive, from your Orderly Room, your DEROS RIP 10 months prior to your DEROS. So, if your DEROS is the month of February 2002, you will receive your DEROS RIP in April 2001. The RIP must be returned to the AFELM/SPA within 30 days from the day it was produced.

A DEROS extension request submitted later than 30 days from the day your DEROS RIP was produced must be submitted and considered as an exception to policy. This type of request must be fully justified and may be disapproved by your commander. When your commander recommends approval, the request is submitted out-of-system to the AFELM/SPA for forwarding to your parent MAJCOM. Your parent MAJCOM may disapprove the request or recommend approval and forward the request to your assignment OPR for a final decision. Enlisted members who extend their OS tour for a period of 6 or more months are given higher assignment priority within their returnee match group.



The Air Force Bluesuiter's Association
presents



Monthly Hail and Farewell

29 JUNE 01, TIME: 1900 hrs

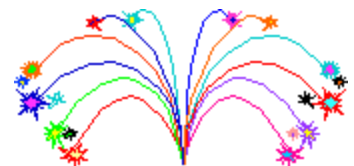
Located at Bldg 1126 (Cp Coiner)

Come to the Hail & Farewell on Friday
29 June 01 and meet the new J1/AFELM
Section Commander, Col Ruth Ellis, & all
other newcomers and departees in July.



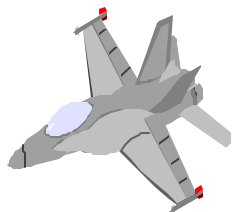
OK, You Slugs!

The Shirt and I attend each one of these---it's
a great opportunity to say goodbye to your fellow
bluesuiters, make the new arrivals feel at home
and get a cold beverage/free food after a long work
week. I encourage everyone to come out and attend!

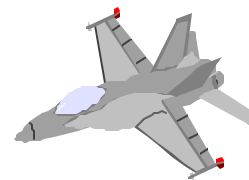


**FREE FOOD AND REDUCED
DRINK PRICES**





AIR FORCE LOUNGE



“ The Launch Pad”

***Doing Great things for Great Folks
Bldg 1126-Camp Coiner***

***Check out the new hours
and new dart board***

Monday thru Thursday
7-10 p.m.

Friday and Saturday
6 p.m.- Midnight

Social Hour 7-8 p.m. Every Night

***A Fun place to meet other
Bluesuiter's!***



HEALTH & FITNESS NEWS “U” CAN USE

NO MATTER YOUR AGE IT’S NEVER TOO LATE STAY HEALTHY AND FIT FOR LIFE!

Waiting to check out at a local bookstore recently a middle-aged man clad in T-shirt and jeans sported a grease-smeared red baseball cap embroidered with the slogan: Pushing 50 is exercise enough.

Although it brought chuckles and a few “right-ons” from bystanders, there are lots of reasons why people say they don’t exercise: **No time, Sports Injury, Poor Health, No Energy, or I don’t like jogging.**

Whether you’re 15 or 50, its never too late to begin exercising. Younger people may be able to sustain fitness with three exercise periods a week. But for seniors, more gentle activities performed daily are beneficial and less like to result in injury, say Drs. Donald Vickery and James Fires, co-authors of “Taking Care of Yourself.” They say ordinary activities like walking or mowing the lawn can be turned into aerobic activities by doing them at a faster more constant pace.

What type of aerobic activity you choose should depend on what you like and your fitness level—one in which you can easily and gradually increase your effort and duration. Walking isn’t considered aerobic exercise by itself, unless you push you pace or walk briskly uphill. However, it does help your joints and muscles in good condition.

If you haven’t been exercising at all, walking is a good choice for starters, according to fitness experts. A gradual increase of 100 to 200 minutes a week should precede a more demanding exercise program.

Of course, no exercise regimen progresses without problems. You’re asking your body to do things it hasn’t done for a while, so don’t be surprised if it complains now and then. Even after

you've been exercising, there may be interruptions due to vacations, sprained ankles, pulled muscles and the like.

Don't let these temporary setbacks get you off the exercise track. Sometimes, you can substitute another activity if you've been injured. But if you have to stop for a while, don't start at your previous level of activity. However, if you don't have to start at the beginning, either, unless you've been forced not to exercise for a couple of months.

Basically, Vickery and Fries suggest taking as long to get back to your previous level of activity as you were away from it. So if you haven't exercised for two weeks, gradually increase your exercise regimen over at two-week period.

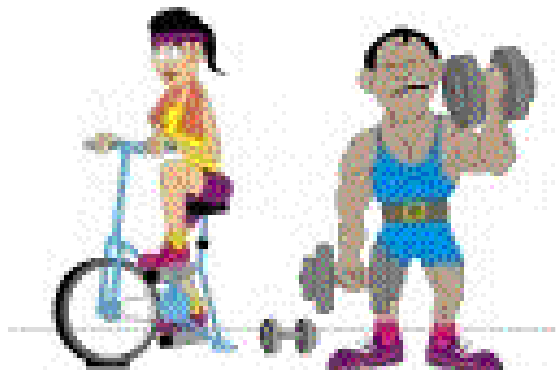
Unless you have an underlying medical condition involving the heart or the joints, both doctors mention your exercise program during your routine medical visit. If you're not sure, always see a doctor before beginning an exercise program or if you experience problems when beginning or increasing physical activity.

The key is starting slowly. Work up to 90 to 100 minutes over a five-day period, taking two days for your body to rest. Be sure to loosen up by stretching and wear sufficient clothing to keep muscles from getting cold and cramping. (That's why you see professional baseball pitchers wearing their jackets in the dugout even during the hottest days of summer.)

Finally, be patient and use common sense. You can't get fit overnight, in two weeks or a month. It's a gradual process that ultimately will increase your energy level and metabolism as well as improve your overall health and well being.

So you'll not only be fit for duty, but **Fit for Life!**

STAY FIT



HOURS OF OPERATION

Satellite Personnel Activity (Military)

Monday - Friday	0800 - 1700	Walk-in Customer Service/Telephone Inquiries
Monday - Friday	0800 - 1000	Outprocessing (by appointment in military uniform)
Monday - Friday	0800 - 1000	Inprocessing (by appointment in military uniform)

AFELM Orderly Room

Monday - Friday	0800 - 1700	Walk-in/Telephone Inquiries
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Finance Activity

Monday - Friday	0800 - 1100 and 1300 - 1700
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AFELM Section Commander/AF Advisor

Walk-in time	1700 - 1800 (Monday Through Friday)
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